### Piazza del Carmine, 1 | 20121 Milano Tel +39 02 2222 9440 | E-mail brera@godsavethefood.it

BRERA

### LUNCH & DINNER - ENGLISH

<b>SERVICE CHARGE</b> Everyday from 3 p.m. and all day during the weekend and pubblic holiday	3,00		
GSTF SHARES			
HUMMUS VEG Chickpea cream served with pita bread* and paprika 1, 11, 12	8,00	GUACAMOLE VEG Smashing avocado seasoned with EVO oil, salt, pepper, coriander, lime,served with tomatoes,red onion from Tropea, jalapeño and nacho chips 12	9,00
CHICKEN FINGERS GIFF Served with roasted potatoes and pink sauce 1, 3, 7	16,00	VEGETABLES in mustard citronette dressing VEG NEW 9, 12	9,00
MARGHERITA PIZZETTA GSTF 1, 7, 8, 12	10,00	BIG MARGHERITA PIZZA GISTF 1,7,8,12	15,00
GSTF SALADS			
CHICKEN CAESAR SALAD GSTF Grilled Chicken, lettuce, flakes of parmesan, toasted bread, crispy bacon, Caesar salad dressing 1, 3, 4, 7, 12	17,00	WINTER QUINOA SALAD VEG NEW White and red quinoa, feta cheese, black cabbage, fennel, orange, olive, pine nuts, thyme, orange citronette dressing 7, 12	16,00
AVOCADO SALAD GSTF GSTF Avocado, grilled prawns*, songino salad, sunflowers and pumpkin seeds, fresh Tropea's red onion, sweet curcuma citronette	18,00		

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GSTF SANDWICHES GSTF CLUB SANDWICH with roasted potatoes, pink sauce PRO White bread, roasted turkey GSTF, hand-boiled egg, crispy bacon, tomato, lettuce, GSTF dressing 1, 3, 6, 7, 10, 12	18,00	<b>GSTF SALMON &amp; GUCAMOLE CLUB SANDWICH</b> <b>with roasted potatoes, pink sauce</b> $\Omega^3$ Wholemeal bread, Norwegian smoked salmon, cream cheese, guacamole, pickled gherkins, romaine lettuce, mustard, fresh lemon and pepper 1, 4, 7, 10	19,00
BACON CHEESE BURGER GETF Beef burger, crispy bacon, cheddar, salads, tomatoes, pickled cucumber, homemade bbq sauce served with roasted potatoes 1, 3, 7, 10, 11, 12	20,00		
GSTF WOKS			
WOK ROYALE - from 7 p.m for min. 4 persons Make your own wok! Veggie wok as base to combine with chicken, seabass, shrimp, lime, pepper, cashew nuts, soya and sriracha sauce 2, 4, 6, 8, 12	64,00	PAD THAI ROYALE - from 7 p.m for min. 4 persons GATE NEW Make your own wok! Sauteed rice with eggs, green beans*, beans*, bean sprouts, fresh chili and coriander, cashew nuts, spring onion, ginger, gluten free soysauce to combine with chicken, seabass, shrimp, lime, pepper, cashew nuts, soya and sriracha sauce 2, 4, 6, 8, 12	64,00
CHICKEN & VEGETABLE WOK with thai rice and poppy seeds GETF NEW Marinated chicken sauteed with carrots, zucchini, chinegreen beans, spinach leaves, peppers, cabbage, soy sprouts garnished with GStF gluten free soy sauce 6, 8, 12	17,00	SEABASS* WOK with thai rice and poppy seeds <u>Ω3</u> NEW Sea bass fillet*sautéed with zucchini, carrots, green beans, broccoli, celeriac, garnished with Mediterranean sauce and Taggiasca olives 4, 9	18,00
SHRIMP WOK with thai rice and poppy seeds NEW Shrimps*, zucchini, carrots, green beans, cauliflower, okra, cabbage, radicchio garnished with sweet and sour sauce and dill 2	18,00	SEITAN VEGGIE WOK with thai rice and poppy seeds VEG GETF NEW Pulled seitan with Zucchini, Carrot, Green Beans, Pumpkin and Spinach Garnished with Coconut and Pineapple Sauce 1, 9, 10	18,00

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VEGGIE WOK served with thai rice and poppy seeds VEG NEW X Zucchini, carrots, green beans, fennel, pumpkin, spinach leaves, radicchio, garnished with veggie sauce and pumpkin seeds 9, 12	16,00	<b>PAD THAI RICE GSTF</b> GSTF Sauteed rice with eggs, shrimps*, green beans*, beans*, fresh chili and coriander, cashew nuts, bean sprouts, spring onion, ginger, gluten free soysauce <b>2</b> , <b>3</b> , <b>6</b> , <b>8</b> , <b>12</b>	18,00
CHICKEN PAD THAI RICE PRO NEW Sauteed rice with eggs, chicken slow cooked, green beans*, beans*, fresh chili and coriander, cashew nuts, bean sprouts, spring onion, ginger, gluten free soysauce 3, 6, 8, 12	17,00		
SHARES FOR APERITIF - from 6 p.m. di 8.30 p.m. HUMMUS VEG Crema di ceci servita con pane arabo e paprika 1, 11, 12	8,00	<b>GUACAMOLE GETTE</b> Smashing avocado seasoned with EVO oil, salt, pepper, coriander, lime,served with tomatoes,red onion from Tropea, jalapeño and nacho chips <b>12</b>	9,00
RAW VEGETABLES served with mustard citronette <u>VEG</u> <u>NEW</u> 9, 12	9,00	<b>TEX MEX NACHOS</b> GIFF Served with cheese fondue, tomatoes salad and guacamole, mexican homemade sauce sliced hot pepper <b>7, 12</b>	10,00
SALUMI ASSIETTE for 2 people Served with focaccia and cheese 1, 7, 12	16,00	MARGHERITA PIZZETTA GIFF With tomatoes sauce, mozarella and basil 1, 7, 8, 12	10,00
BIG MARGHERITA PIZZA GITTE 1,7,8,12	15,00		
SIDES Baked Potato & cream cheese VEG 7	6,00	Roasted potatoes VEG	6,00
Mixed salads VEG	5,00	Baby spinach sautee VEG	5,00

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1/2 avocado VEG	4,00		
GSTF DESSERTS			
ICECREAM 3, 7	6,00	VANILLA ICE CREAM AND COFFEE 3, 7	7,00
<b>TIRAMISÙ *</b> 1, 3, 7	7,00	CHEESECAKE * 1, 3, 7	7,00
BROWNIES 1,6,7	7,00	JAM TART Apricot, strawberry 1, 3, 7	7,00
FRUITS & BOWLS			
FRESH FRUIT SALAD	6,00	FRESH FRUIT SALAD AND GREEK YOGURT 7	7,00
FRESH FRUIT SALAD AND VANILLA ICE-CREAM 7	7,00	GREEK YOGURT whit dried fruit, granola, honey 1,7,8	6,00
PINEAPPLE	6,00		

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### BRUNCH

On Saturday, Sunday and pubblic holiday from 12 a.m. to 4 p.m.

SERVICE CHARGE	3,00		
BRUNCH APERITIF ROSSINI Prosecco, strawberry pulp	8,00	APEROL SPRITZ	8,00
APPETIZER HUMMUS VEG Chickpea cream served with pita* and paprika 1, 11, 12	8,00	<b>GUACAMOLE VEG</b> X Smashing avocado seasoned with EVO oil, salt, pepper, coriander, lime,served with tomatoes,red onion from Tropea, jalapeño and nacho chips 12	9,00
<b>TEX MEX NACHOS</b> GETTE Served with cheese fondue, tomatoes salad, guacamole and mexican homemade sauce <b>7, 12</b>	10,00	LITTLE PIZZA MARGHERITA VEG 1, 7, 8, 12	10,00
<b>GSTF SANDWICHES</b> <b>GSTF CLUB SANDWICH with roasted potatoes</b> <b>and pink sauce</b> <u>GSTF</u> White bread, roasted turkey GSTF, hand-boiled egg, crispy bacon, tomato, lettuce, GSTF dressing 1, 3, 6, 7, 10, 12	18,00	GSTF SALMON CLUB SANDWICH with roasted potatoes and pink sauce Ω3 №₩ Wholemeal bread, Norwegian smoked salmon, cream cheese, guacamole, pickled gherkins, romaine lettuce, mustard, fresh lemon and pepper 1, 4, 6, 7, 10, 12	19,00
BACON CHEESE BURGER GETF Beef burger, crispy bacon, cheddar, salads,	20,00		

Beef burger, crispy bacon, cheddar, salads, tomatoes, pickled cucumber, homemade bbq sauce served with roasted potatoes 1, 3, 7, 10, 11, 12

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GSTF SALADS			
CHICKEN CAESAR SALAD <u>GETF</u> <u>NEW</u> Grilled Chicken, lettuce, crispy bacon, flakes of parmesan, toasted bread, dressing GSTF Caesar with anchovies 1, 3, 4, 7, 12	17,00	WINTER QUINOA SALAD VEG NEW X White and red quinoa, feta cheese, black cabbage, fennel, orange, olive, pine nuts, thyme, orange citronette dressing 7, 12	16,00
AVOCADO SALAD GSTE 03 NEW X Avocado, grilled prawns*, songino salad, sunflowers and pumpkin seeds, boiled red onion, sweet curcuma citronette 2, 8, 12	18,00		
GSTF CLASSIC BRUNCH			
<b>CHICKEN FINGERS</b> GETF Served with roasted potatoes and pink sauce 1, 3, 5, 6, 7	16,00	EGGS & BACON AVOCADO TOAST served with mixed salad GETF Rye Bread with seed, guacamole, crispy bacon, fried eggs, chives and served with salad, tomatoes confit, potatoes rösti, spinach with cheese 1, 3, 7, 12, 11,10	18,00
<b>EGGS &amp; SALMON AVOCADO TOAST</b> <u>O3</u> NEW Rye Bread with seed, guacamole, smoked salmon, fried eggs, chives and served with salad, tomatoes confit, potatoes rösti, spinach with cheese 1, 3, 4, 7, 11, 12,10	19,00	<b>EGGS FLORENTINE</b> GIFF Poached eggs, bagel, hollandaise sauce, ham, spinach with cheese, black sesame, chives and served with salad and confit tomatoes 1, 3, 7, 11, 12	18,00
VEGGIE AVOCADO TOAST served with mixed salad VEG Rye Bread with seed, guacamole, feta cheese, dry tomatoes, boiled onion, mix of seeds and served with salad, tomatoes confit, potatoes rösti, spinach with cheese 1, 3, 7, 11, 12, 10	16,00	EGGS BENEDICT ROYALE Ω3 Poached eggs, bagel, hollandaise sauce, smocked salmon, black sesame, chives and served with salad and confit tomatoes 1, 3, 4, 7, 11, 12	19,00

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VEGGIE EGGS BENEDICT VEG Poached eggs, bagel, hollandaise sauce, spinach, beans, green beans, fresh onion, broccoli, chives, black sesame and served with salad and confit tomatoes 1, 3, 7	16,00	<b>CROQUE MOSIEUR</b> <u>GETF</u> Toast with emmenthal cheese, ham, besciamelle, pea shoots and served with salad, tomatoes confit, potatoes rösti 1, 7, 12	16,00
<b>CROQUE MADAME STF</b> Toast with emmenthal cheese, ham, fried eggs, besciamelle, chives and served with salad, tomatoes confit, potatoes rösti 1, 3, 7, 12	17,00	PANCAKES with fresh berries and banana VEG Served with maple syrup 1, 3, 7, 12	12,00
PANCAKES with nutella VEG Served with whipped cream and hazelnuts 1, 3, 7, 8, 12	13,00		
GSTF WOKS			
WOK ROYALE - for min. 4 persons GITE NEW Make your own wok! Veggie wok as base to combine with chicken, seabass, shrimp, lime, pepper, cashew nuts, soya and sriracha sauce 2, 4, 6, 8, 12	64,00	PAD THAI ROYALE - for min. 4 persons GITE NEW Make your own wok! Sauteed rice with eggs, green beans*, beans*, bean sprouts, fresh chili and coriander, cashew nuts, spring onion, ginger, gluten free soysauce to combine with chicken, seabass, shrimp, lime, pepper, cashew nuts, soya and sriracha sauce 2, 4, 6, 8, 12	64,00
CHICKEN & VEGETABLE WOK with thai rice and poppy seeds GSTF NEW Marinated chicken sauteed with carrots, zucchini, chinegreen beans, spinach leaves, peppers, cabbage, soy sprouts garnished with GStF gluten free soy sauce 6, 8, 12	17,00	<ul> <li>PAD THAI RICE GSTF STF Š</li> <li>Sauteed rice with eggs, shrimps*, green beans*, beans*, bean sprouts, fresh chili and coriander, cashew nuts, spring onion, ginger, gluten free soysauce</li> <li>2, 3, 6, 8, 12</li> </ul>	18,00

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SIDES Baked potato & cream cheese VEG 7, 12	6,00	Roasted potatoes VEG	6,00
Mixed salads - baby spinach, salad, peppers, fennel, carrots, tomatoes and scarola VEG 🏾 🔏	5,00	1/2 avocado 🗵 🎽	4,00
GSTF DESSERTS ICE CREAM 3, 7	6,00	VANILLA ICE CREAM & ESPRESSO COFFEE 3, 7	7,00
<b>TIRAMISÙ</b> 1, 3, 6, 7	7,00	<b>CHEESECAKE</b> 1, 3, 7	7,00
FRESH RED FRUITS TART 1, 3, 7	7,00	BROWNIES 1,6,7	7,00
JAM TART Apricot, strawberry 1, 3, 7	7,00		
FRUITS & BOWLS			
FRESH FRUIT SALAD	6,00	FRESH FRUIT SALAD AND GREEK YOGURT 3, 7	7,00
FRESH FRUIT SALAD AND VANILLA ICE-CREAM 7	7,00	GREEK YOGURT whit dried fruit, granola, honey 7	6,00
PINEAPPLE	6,00		

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### LEGENDA PIATTI

- VEG Vegetarian
- PRO Proteico
- GSTF Our Special
- Ω3 Ricchi di Omega 3
- New New
- Juten Free Alert staff in case of celiac disease or allergies
- \* I piatti contrassegnati con asterisco, sono preparati con materia prima surgelata o congelata all'origine

### ALLERGENS

- 1 Cereals containing gluten
- 2 Crustaceans and products thereof
- 3 Eggs and products thereof
- 4 Fish and products thereof
- **5** Peanuts and products thereof
- **6** Soybeans and products thereof
- 7 Milk and products thereof
- 8 Nuts namely
- 9 Celery and products thereof
- **10** Mustard and products thereof
- **11** Sesame seeds and products thereof
- **12** Sulphur dioxide and sulphites
- **13** Lupin and products thereof
- **14** Molluscs and products thereof