

BRERA

Piazza del Carmine, 1 | 20121 Milano Tel +39 02 2222 9440 | E-mail brera@godsavethefood.it

LUNCH & DINNER - ENGLISH

sunflowers and pumpkin seeds, fresh Tropea's

red onion, sweet curcuma citronette

2, 8, 12

SERVICE CHARGE Everyday from 3 p.m. and all day during the weekend and pubblic holiday	3,00		
GSTF SHARES			
HUMMUS VEG Chickpea cream served with pita bread* and paprika 1, 11, 12	8,00	GUACAMOLE VEG Smashing avocado seasoned with EVO oil, salt, pepper, coriander, lime, served with tomatoes, red onion from Tropea, jalapeño and nacho chips 12	9,00
VEGETABLES in mustard citronette dressing VEG NEW 9, 12	9,00	MARGHERITA PIZZETTA GSTF 1, 7, 8, 12	10,00
BIG MARGHERITA PIZZA GSTE 1,7,8,12	15,00		
GSTF SALADS			
CHICKEN CAESAR SALAD GSTF Grilled Chicken, lettuce, flakes of parmesan, toasted bread, crispy bacon, Caesar salad dressing 1, 3, 4, 7, 12	17,00	WINTER QUINOA SALAD VEG NEW White and red quinoa, feta cheese, black cabbage, fennel, orange, olive, pine nuts, thyme, orange citronette dressing 7, 12	16,00
AVOCADO SALAD GSTF Avocado, grilled prawns*, songino salad,	18,00		





19,00

64,00

18,00

18,00

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GSIF

GSTF SANDWICHES

GSTF CLUB SANDWICH with roasted potatoes, pink sauce PRO

White bread, roasted turkey GSTF, hand-boiled egg, crispy bacon, tomato, lettuce, GSTF dressing 1, 3, 6, 7, 10, 12

BACON CHEESE BURGER GSTF

Beef burger, crispy bacon, cheddar, salads, tomatoes, pickled cucumber, homemade bbq sauce served with roasted potatoes 1, 3, 7, 10, 11, 12

GSTF WOKS

WOK ROYALE - from 7 p.m. - for min. 4 persons

GSTF NEW

Make your own wok! Veggie wok as base to combine with chicken, seabass, shrimp, lime, pepper, cashew nuts, soya and sriracha sauce 2, 4, 6, 8, 12

CHICKEN & VEGETABLE WOK with thai rice and poppy seeds GSTF

Marinated chicken sauteed with carrots, zucchini, chinese gabbage, bean sprouts, green beans*, broccoli*, and GSTF gluten free soysauce 6, 12

SALMON WOK with thai rice and poppy seeds $\frac{\Omega 3}{\Omega}$

Salmon, chinese cabbage, american potatoes, green bean, soybean sprouts, boiled red onion, almonds, bergamot ponzu style sauce 4, 6, 8

18,00 GSTF SALMON & GUCAMOLE CLUB SANDWICH with roasted potatoes, pink sauce $\frac{\Omega 3}{\Omega}$

Wholemeal bread, Norwegian smoked salmon, cream cheese, guacamole, pickled gherkins, romaine lettuce, mustard, fresh lemon and pepper

20,00

1, 4, 7, 10

64,00 PAD THAI ROYALE - from 7 p.m. - for min. 4

Make your own wok! Sauteed rice with eggs, green beans*, beans*, bean sprouts, fresh chili and coriander, cashew nuts, spring onion, ginger, gluten free soysauce to combine with chicken, seabass, shrimp, lime, pepper, cashew nuts, soya and sriracha sauce

2, 4, 6, 8, 12

persons GSTF NEW

17,00 SEABASS* WOK with thai rice and poppy seeds

 Ω 3 _{NEW}

Seabass* filet with herbs, carrots, zucchini, chinese cabbage, bean sprouts, broccoli, green bean, spinach sauteed with GStF gluten free sou sauce

4,6

SHRIMP WOK with thai rice and poppy seeds $\,^{\Omega3}$

Shrimp, chinese cabbage, bean sprouts broccoli, green bean s sauteed with sriracha and GStF gluten free soy sauce

4, 6, 9

2

20,00





1,7,8,12

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VEGGIE WOK served with thai rice and poppy seeds VEG NEW & Carrots, zucchini, chinese cabbage, bean sprouts, broccoli, green bean sriracha sauteed with GStF gluten free soy sauce 6, 11, 12	16,00	PAD THAI RICE GSTF Sauteed rice with eggs, shrimps*, green beans*, beans*, fresh chili and coriander, cashew nuts, bean sprouts, spring onion, ginger, gluten free soysauce 2, 3, 6, 8, 12	18,00
CHICKEN PAD THAI RICE PRO NEW Sauteed rice with eggs, chicken slow cooked, green beans*, beans*, fresh chili and coriander, cashew nuts, bean sprouts, spring onion, ginger, gluten free soysauce 3, 6, 8, 12	17,00	BUCKWHEAT NOODLE with marinated beef NEW Buckwheat noodle, marinated beef with soy and lemon grass, eggs, jalapeno, carrots, peppers, broccoli, cashews, spring onion, fresh chilly, ginger, lime, chives, gluten free soysauce 1, 3, 6, 8, 11	19,00
MAIN COURSES CHICKEN FINGERS Served with roasted potatoes and pink sauce 1, 3, 5, 6, 7	16,00		
SHARES FOR APERITIF - from 6 p.m. di 8.30 p.r. HUMMUS VEG Crema di ceci servita con pane arabo e paprika 1, 11, 12	<u>n.</u> 8,00	GUACAMOLE GESTF Smashing avocado seasoned with EVO oil, salt, pepper, coriander, lime, served with tomatoes, red onion from Tropea, jalapeño and nacho chips 12	9,00
RAW VEGETABLES served with mustard citronette VEG NEW 9, 12	9,00	TEX MEX NACHOS GSTF Served with cheese fondue, tomatoes salad and guacamole, mexican homemade sauce sliced hot pepper 7, 12	10,00
SALUMI ASSIETTE for 2 people Served with focaccia and cheese 1, 7, 12	16,00	MARGHERITA PIZZETTA GSTF With tomatoes sauce, mozarella and basil 1, 7, 8, 12	10,00
BIG MARGHERITA PIZZA GSTF	15,00		



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PINEAPPLE



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SIDES			
Baked Potato & cream cheese VEG	6,00	Roasted potatoes VEG	6,00
7			
Mixed salads VEG	5,00	Baby spinach sautee VEG	5,00
1/2 avocado VEG	4,00		
GSTF DESSERTS			
ICECREAM	6,00	VANILLA ICE CREAM AND COFFEE	7,00
3, 7		3, 7	
TIRAMISÙ *	7,00	CHEESECAKE *	7,00
1, 3, 7	7,00	1, 3, 7	7,00
		7-7-	
BROWNIES	7,00	JAM TART	7,00
1,6,7		Apricot, strawberry	
		1, 3, 7	
FRUITS & BOWLS			
FRESH FRUIT SALAD	6,00	FRESH FRUIT SALAD AND GREEK YOGURT	7,00
		7	
EDECH EDUIT CALAD AND VANILLA IOE ODESS	E 00	ODEEK VOOUDT sakit dais d fassit sans a le ha	. 00
FRESH FRUIT SALAD AND VANILLA ICE-CREAM 7	7,00	GREEK YOGURT whit dried fruit, granola, honey 1,7,8	6,00
,		1,7,10	

6,00







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BRUNCH

On Saturday, Sunday and pubblic holiday from 12 a.m. to 4 p.m.

Beef burger, crispy bacon, cheddar, salads, tomatoes, pickled cucumber, homemade bbq

sauce served with roasted potatoes

1, 3, 7, 10, 11, 12

SERVICE CHARGE	3,00		
BRUNCH APERITIF ROSSINI Prosecco, strawberry pulp	8,00	APEROL SPRITZ	8,00
APPETIZER			
HUMMUS VEG Chickpea cream served with pita* and paprika 1, 11, 12	8,00	GUACAMOLE VEG ** Smashing avocado seasoned with EVO oil, salt, pepper, coriander, lime, served with tomatoes, red onion from Tropea, jalapeño and nacho chips 12	9,00
TEX MEX NACHOS Served with cheese fondue, tomatoes salad, guacamole and mexican homemade sauce 7, 12	10,00	LITTLE PIZZA MARGHERITA VEG 1, 7, 8, 12	10,00
GSTF SANDWICHES			
GSTF CLUB SANDWICH with roasted potatoes and pink sauce GSTF White bread, roasted turkey GSTF, hand-boiled egg, crispy bacon, tomato, lettuce, GSTF dressing 1, 3, 6, 7, 10, 12	18,00	GSTF SALMON CLUB SANDWICH with roasted potatoes and pink sauce Ω 3 NEW Wholemeal bread, Norwegian smoked salmon, cream cheese, guacamole, pickled gherkins, romaine lettuce, mustard, fresh lemon and pepper 1, 4, 6, 7, 10, 12	19,00
BACON CHEESE BURGER GSTF	20,00		





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GSTF SALADS

CHICKEN CAESAR SALAD GSTF NEW

Grilled Chicken, lettuce, crispy bacon, flakes of parmesan, toasted bread, dressing GSTF Caesar with anchovies

1, 3, 4, 7, 12

AVOCADO SALAD GSTF Ω^3 NEW \cancel{k}

Avocado, grilled prawns*, songino salad, sunflowers and pumpkin seeds, boiled red onion, sweet curcuma citronette

2, 8, 12

GSTF CLASSIC BRUNCH

CHICKEN FINGERS GSTE

Served with roasted potatoes and pink sauce 1, 3, 5, 6, 7

EGGS & SALMON AVOCADO TOAST Ω^3

Rye Bread with seed, guacamole, smoked salmon, fried eggs, chives and served with salad, tomatoes confit, potatoes rösti, spinach with cheese

1, 3, 4, 7, 11, 12,10

VEGGIE AVOCADO TOAST served with mixed

Rye Bread with seed, guacamole, feta cheese, dry tomatoes, boiled onion, mix of seeds and served with salad, tomatoes confit, potatoes rösti, spinach with cheese

1, 3, 7, 11, 12, 10

17,00

WINTER QUINOA SALAD VEG NEW 🔏

16,00

White and red quinoa, feta cheese, black cabbage, fennel, orange, olive, pine nuts, thyme, orange citronette dressing

7, 12

18,00

16,00

EGGS & BACON AVOCADO TOAST served with

18,00

mixed salad GSTF

Rye Bread with seed, guacamole, crispy bacon, fried eggs, chives and served with salad, tomatoes confit, potatoes rösti, spinach with cheese

1, 3, 7, 12, 11,10

19,00

EGGS FLORENTINE GISTF

18,00

Poached eggs, bagel, hollandaise sauce, ham, spinach with cheese, black sesame, chives and served with salad and confit tomatoes

1, 3, 7, 11, 12

16,00

EGGS BENEDICT ROYALE $\frac{\Omega 3}{}$

19,00

Poached eggs, bagel, hollandaise sauce, smocked salmon, black sesame, chives and served with salad and confit tomatoes

1, 3, 4, 7, 11, 12





cashew nuts, spring onion, ginger, gluten free

soysauce 2, 3, 6, 8, 12 Piazza del Carmine, 1 | 20121 Milano Tel +39 02 2222 9440 | E-mail brera@godsavethefood.it

VEGGIE EGGS BENEDICT VEG Poached eggs, bagel, hollandaise sauce, spinach, beans, green beans, fresh onion, broccoli, chives, black sesame and served with salad and confit tomatoes 1, 3, 7	16,00	CROQUE MOSIEUR GESTF Toast with emmenthal cheese, ham, besciamelle, pea shoots and served with salad, tomatoes confit, potatoes rösti 1, 7, 12	16,00
CROQUE MADAME GESTF Toast with emmenthal cheese, ham, fried eggs, besciamelle, chives and served with salad, tomatoes confit, potatoes rösti 1, 3, 7, 12	17,00	PANCAKES with fresh berries and banana VEG Served with maple syrup 1, 3, 7, 12	12,00
PANCAKES with nutella VEG Served with whipped cream and hazelnuts 1, 3, 7, 8, 12	13,00		
WOK ROYALE - for min. 4 persons STE NEW Make your own wok! Veggie wok as base to combine with chicken, seabass, shrimp, lime, pepper, cashew nuts, soya and sriracha sauce 2, 4, 6, 8, 12	64,00	PAD THAI ROYALE - for min. 4 persons SETF NEW Make your own wok! Sauteed rice with eggs, green beans*, beans*, bean sprouts, fresh chili and coriander, cashew nuts, spring onion, ginger, gluten free soysauce to combine with chicken, seabass, shrimp, lime, pepper, cashew nuts, soya and sriracha sauce 2, 4, 6, 8, 12	64,00
CHICKEN & VEGETABLE WOK with thai rice and poppy seeds SETE & Marinated chicken sauteed with carrots, zucchini, chinese gabbage, bean sprouts, green beans*, broccoli*, and GSTF gluten free soysauce 6, 12	17,00	SALMON WOK served with thai rice O3 NEW Salmon, chinese cabbage, american potatoes, green bean, soybean sprouts, boiled red onion, almonds, bergamot ponzu style sauce 4, 6, 8	20,00
PAD THAI RICE GSTF Sauteed rice with eggs, shrimps*, green beans*, beans*, bean sprouts, fresh chili and coriander,	18,00		





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SIDES Policed materials & amount above a VEG	/ 00	Deceted notation VEC	/ 00
Baked potato & cream cheese VEG 7, 12	6,00	Roasted potatoes VEG	6,00
Mixed salads - baby spinach, salad, peppers,	5,00	1/2 avocado 💴 🥻	4,00
fennel, carrots, tomatoes and scarola 😕 🥻			
GSTF HOMEMADE DESSERTS			
ICE CREAM	6,00	VANILLA ICE CREAM & ESPRESSO COFFEE	7,00
3, 7		3, 7	
TIRAMISÙ	7,00	CHEESECAKE	7,00
1, 3, 6, 7		1, 3, 7	
EDECH DED EDUITS TART	F 00	PROMNUES	E 00
FRESH RED FRUITS TART 1, 3, 7	7,00	BROWNIES 1,6,7	7,00
JAM TART	7,00		
Apricot, strawberry 1, 3, 7			
FRUITS & BOWLS			
FRESH FRUIT SALAD	6,00	FRESH FRUIT SALAD AND GREEK YOGURT	7,00
		3, 7	
FRESH FRUIT SALAD AND VANILLA ICE-CREAM	7,00	GREEK YOGURT whit dried fruit, granola, honey	6,00
7		7	
PINEAPPLE	6,00		
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LEGENDA PIATTI

VEG Vegetarian

PRO Proteico

GSTF Our Special

Ω3 Ricchi di Omega 3

NEW New

Gluten Free Alert staff in case of celiac disease or allergies

I piatti contrassegnati con asterisco, sono preparati con materia prima surgelata o congelata all'origine

ALLERGENS

- 1 Cereals containing gluten
- **2** Crustaceans and products thereof
- 3 Eggs and products thereof
- 4 Fish and products thereof
- **5** Peanuts and products thereof
- **6** Soybeans and products thereof
- 7 Milk and products thereof
- 8 Nuts namely
- **9** Celery and products thereof
- **10** Mustard and products thereof
- 11 Sesame seeds and products thereof
- 12 Sulphur dioxide and sulphites
- 13 Lupin and products thereof
- 14 Molluscs and products thereof