

## GSTF SERRAVALLE



Try our best sellers such as our healthy Woks or our delicious Club Sandwiches! Join us in our HEALTHY TASTY LIFE!


**SERVICE CHARGE** 3,00

### GSTF TO SHARE


<p><b>HUMMUS</b> <small>VEG</small></p> <p>Chickpea cream served with pinsa and paprika</p> <p>1, 11, 12</p>	<p><b>8,00</b></p>	<p><b>BRUSCHETTA ITALIAN STYLE</b> <small>GSTF</small></p> <p>Sliced bread, tomatoes with oil, salt, basil, cherry mozzarella</p> <p>1, 7</p>	<p><b>8,00</b></p>
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### GSTF PIZZAS

<p><b>PIZZA MARGHERITA</b> <small>GSTF</small> </p> <p>With tomato sauce, mozzarella cheese and basil</p> <p>1, 3, 6, 7, 11</p>	<p><b>10,00</b></p>	<p><b>PIZZA WITH MUSHROOMS</b> <small>GSTF</small> </p> <p>Tomatoes, mozzarella and mushrooms</p> <p>1,3,6,7,11</p>	<p><b>13,00</b></p>
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<p><b>PIZZA NAPOLI</b> <small>GSTF</small> </p> <p>With tomato sauce, mozzarella cheese, capers, anchovies and oregano</p> <p>1, 3, 4, 6, 7, 11</p>	<p><b>13,00</b></p>
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### GSTF SALAD

<p><b>CHICKEN CAESAR SALAD</b> <small>GSTF</small> </p> <p>Grilled chicken, lettuce, flakes of parmesan, toasted bread, Caesar salad dressing</p> <p>1, 3, 4, 7, 12</p>	<p><b>17,00</b></p>	<p><b>TUNA SALAD</b> <small>Ω3</small></p> <p>Tuna, hard boiled egg, carrots, cherry tomatoes, mixed salad, pumpkin seeds</p> <p>3, 8, 12</p>	<p><b>12,00</b></p>
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**GSTF WOKS**

<b>CHICKEN &amp; VEGETABLES WOK with thai rice and poppy seeds</b> <small>GSTF NEW \$</small> Marinated chicken sauteed with carrots, zucchini, chinegreen beans, spinach leaves, peppers, cabbage, soy sprouts garnished with GSTf gluten free soy sauce 1, 6, 8,12	<b>17,00</b>	<b>SEABASS* &amp; VEGETABLES WOK with thai rice and poppy seeds</b> <small>GSTF Ω3 NEW</small> Sea bass fillet sautéed with zucchini, carrots, green beans, broccoli, celeriac, garnished with Mediterranean sauce and Taggiasca olives 1, 4, 9	<b>18,00</b>
<b>SHRIMP and VEGETABLES WOK with thai rice and poppy seeds</b> <small>GSTF NEW</small> Shrimps*, zucchini, carrots, green beans, cauliflower, okra, cabbage, radicchio garnished with sweet and sour sauce and dill 3	<b>18,00</b>	<b>VEGGIE WOK with thai rice and poppy seeds</b> <small>VEG GSTF NEW</small> Zucchini, carrots, green beans, fennel, pumpkin, spinach leaves, radicchio, garnished with veggie sauce and pumpkin seeds 9, 12	<b>16,00</b>
<b>SEITAN VEGGIE WOK with thai rice and poppy seeds</b> <small>VEG GSTF NEW</small> Pulled seitan with Zucchini, Carrot, Green Beans, Pumpkin and Spinach Garnished with Coconut and Pineapple Sauce 1, 9, 10	<b>18,00</b>	<b>PAD THAI RICE GSTF</b> <small>GSTF \$</small> Sauteed rice with eggs, shrimps*, green beans*, bean sprouts, spring onion, fresh chilli, coriander, ginger, roasted cashew nuts, fresh chilli sauce, gluten free soysauce 2, 3, 6, 8, 12	<b>18,00</b>

**GSTF PASTA**

<b>PASTA with PESTO</b> <small>GSTF NEW \$</small> 1, 3, 8	<b>12,00</b>	<b>TAGLIOLINI with TOMATO SAUCE</b> <small>GSTF NEW \$</small> 1, 3, 9	<b>12,00</b>
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**GSTF MAIN**

<b>ROASTED HALF CHICHEN</b> <small>GSTF</small> Served with cocktail sauce and roasted potatoes 12	<b>15,00</b>	<b>GSTF CLUB SANDWICH served with roasted potatoes and pink sauce</b> <small>GSTF</small> White bread, roasted turkey GSTF, hand-boiled egg, tomato, lettuce, GSTF dressing 1, 3, 6, 7, 10, 12	<b>18,00</b>
<b>CURRY PRAWNS*</b> <small>GSTF NEW</small> Prawns curry served with Thai rice 2	<b>20,00</b>		

**GSTF KIDS MENU' till 8 years old**

<b>Penne with pesto + soft drink + donuts*</b> <small>GSTF</small> 1, 3, 8	<b>12,00</b>	<b>Penne with tomato sauce + soft drink + donuts*</b> <small>GSTF</small> 1, 3, 8, 9	<b>12,00</b>
<b>Margherita pizza + soft drink + donuts*</b> <small>GSTF</small> 1, 3, 6, 7, 11	<b>12,00</b>		

**SIDES**

<b>Roasted potatoes</b> <small>VEG</small>	<b>6,00</b>	<b>Mix salads</b> <small>VEG</small>	<b>5,00</b>
<b>Thai Rice</b> <small>GSTF</small> 3		<b>Sautee baby spinach</b> <small>VEG</small>	<b>5,00</b>

**GSTF DESSERTS**

<b>VANILLA ICECREAM*</b> 3, 7	<b>6,00</b>	<b>AFFOGATO with CHERRY*</b> 3, 7	<b>7,00</b>
<b>TIRAMISÙ*</b> 1, 3, 7	<b>7,00</b>	<b>TORTA DELLA NONNA*</b> Pine nuts and cream tart 1, 3, 7, 8	<b>7,00</b>
<b>APPLE PIE*</b> 1, 3, 7	<b>7,00</b>	<b>APRICOT JAM TART*</b> 1, 3, 7	<b>5,00</b>
<b>RED FRUITS JAM TART*</b> 1, 3, 7	<b>5,00</b>	<b>PROFITTEROLES*</b> 1, 3, 7	<b>7,00</b>
<b>PANNA COTTA*</b> 7	<b>7,00</b>		

**FRUITS & BOWLS**

<b>FRESH FRUIT SALAD</b>	<b>6,00</b>	<b>FRESH FRUIT SALAD AND VANILLA ICE-CREAM</b> 7	<b>7,00</b>
<b>SEASONAL FRUIT</b>	<b>6,00</b>		

## DRINKS AND BEERS

### DRINKS

<b>STILL / SPARKLY WATER - 0,5 CL</b> Acqua Panna - San Pellegrino	<b>3,00</b>	<b>SOFT DRINK</b> Coke, Coke Zero, Aranciata, Chinotto	<b>4,00</b>
<b>CRODINO XL</b>	<b>6,00</b>	<b>BIO JUICES PLOSE</b> Apricot - Peach - Pear - Pineapple - Apple	<b>4,00</b>
<b>GLASS OF WHITE WINE</b> Ribolla Gialla - Chardonnay - Vermentino - Gewurtztraminer	<b>8,00</b>	<b>GLASS OF RED WINE</b> Pinot Nero - Morellino - Primitivo - Merlot	<b>8,00</b>
<b>GLASS OF PROSECCO</b> Fiol DOC	<b>8,00</b>	<b>APEROL SPRITZ</b>	<b>9,00</b>
<b>CAMPARI SPRITZ</b>	<b>9,00</b>	<b>CYNAR SPRITZ</b>	<b>9,00</b>
<b>COCKTAIL</b> from	<b>10,00</b>	<b>LIQUORS</b>	<b>5,00</b>

### BEERS

<b>CRISTAL PILS</b> Belgio - Pils 0,40 cl drafted beer - 4,9% Vol. Alc.	<b>6,00</b>	<b>LAGUNITAS</b> USA - IPA India Pale Ale - 33 cl bottled beer- 6,2% Vol. Alc.	<b>6,00</b>
<b>ICHNUSA NON FILTRATA</b> Italia - Lager non filtrata - 33 cl bottled beer- 5% Vol. Alc.	<b>5,00</b>		

## COFFEE AND JUICES

### JUICES

APPLE   CARROT   LEMON	<b>6,00</b>	CELERY   APPLE   LIME	<b>6,00</b>
GRAPEFRUIT   FENNEL   APPLE	<b>6,00</b>	PINEAPPLE   CUCUMBER   GINGER	<b>6,00</b>
APPLE   PINEAPPLE   LIME   GINGER	<b>6,00</b>		

FRESH SQUEEZED ORANGE / GRAPEFRUIT  
 JUICE

**6,00**
**CAFFETTERIA**
**ESPRESSO**
**2,00**
**DECAFFEINATED**
**2,00**
**AMERICAN COFFEE**
**3,50**
**BARLEY COFFEE SMALL**
**2,00**
**BARLEY COFFEE BIG**
**3,50**
**COFFEE & LIQUOR**
**3,50**
**ICED SHACKED COFFEE**
**6,00**
**MOROCCAN COFFEE**
**2,50**
**CAPPUCCINO**
**3,00**
**CAPPUCCINO WITH SOY MILK**
**3,50**
**CAPPUCCINO WITH GINSENG / BARLEY COFFEE**
**3,50**
**HOT DARK CHOCOLATE**
**4,00**
**HOT MILK WITH COFFEE**
**3,00**
**HOT MILK**
**2,50**
**Thé & Tisane**
**4,00**
**SUPPLEMENT OF WHIPPED CREAM**
**0,50**
**SUPPLEMENT OF SOY MILK**
**0,50**

## LEGENDA PIATTI


**VEG** Vegetarian

**PRO** Proteico

**GSTF** Our Special

**Ω3** Ricchi di Omega 3

**NEW** New


 Gluten Free Alert staff in case of celiac disease or allergies

\* I piatti contrassegnati con asterisco, sono preparati con materia prima surgelata o congelata all'origine

## ALLERGENS

- 1 Cereals containing gluten
- 2 Crustaceans and products thereof
- 3 Eggs and products thereof
- 4 Fish and products thereof
- 5 Peanuts and products thereof
- 6 Soybeans and products thereof
- 7 Milk and products thereof
- 8 Nuts namely
- 9 Celery and products thereof
- 10 Mustard and products thereof
- 11 Sesame seeds and products thereof
- 12 Sulphur dioxide and sulphites
- 13 Lupin and products thereof
- 14 Molluscs and products thereof