

GSTF MENU' - ENGLISH

APPETIZER

AVOCADO TOAST

Avocado, poppy seeds, fresh lime juice
1,11,12

10,00

AVOCADO ANS SALMON TOAST

Avocado, poppy seeds, cream cheese, smoked salmon
1,4,7,11,12

14,00

HUMMUS

Chickpea cream served with pita bread* and paprika
1, 11, 12

7,00

GUACAMOLE

Smashing avocado seasoned with EVO oil, salt, pepper, coriander, lime, served with tomatoes, red onion from Tropea, jalapeño and nacho chips
12

7,00

GSTF SALADS

CHICKEN CAESAR SALAD

Dressing GSTF with anchovies Grilled Chicken, lettuce, flakes of parmesan, toasted bread, Caesar
1, 3, 4, 7, 12

15,00

NEW QUINOA SALAD

White and red quinoa, pumpkin, feta cheese, hazelnuts, baby spinach, melograno, citronette
7

15,00

GSTF CLUB SANDWICH served with roasted potatoes

GSTF CLUB SANDWICH

White bread, roasted turkey GSTF, hand-boiled egg, crispy bacon, tomato, lettuce, GSTF dressing
1, 3, 6, 7, 10, 12

16,00


GSTF SALMON CLUB SANDWICH

Wholemeal bread, Norwegian smoked salmon, cream cheese, avocado, pickled gherkins, romaine lettuce, mustard, fresh lemon and pepper
1, 4, 7, 10

18,00

GSTF WOKS

CHICKEN & VEGETABLE WOK with thai rice and poppy seeds

 Marinated chicken sauteed with carrots, zucchini, chinese cabbage, bean sprouts, green beans*, broccoli, and GSTF gluten free soysauce
6, 12

15,00

CITRUS FRUITS MARINATED SEABASS* WOK with thai rice and poppy seeds

Citrus fruits marinated seabass filets sti-fried with baby spinach, cherry tomatoes, leek, citronette
4

17,00

VEGGIE WOK served with thai rice and poppy seeds

Pumpkin, leek, jalapenho, cabbage, radicchio, sage, GSTF gluten free wok sauce
6

15,00

PAD THAI RICE GSTF

Sauteed rice with eggs, shrimps*, green beans*, beans*, bean sprouts, spring onion, fresh chilli, coriander, ginger, roasted cashew nuts, fresh chili sauce, gluten free soysauce
2, 3, 6, 8, 12

16,00

NEW GSTF BUCKWHEAT NOODLE

Buckwheat noodle sauteed with shrimps*, mushroom, tomatoes, spring onion, jalapenhos, sesame seeds, basil, GSTF wok sauce
1, 3, 6, 7, 9, 10, 11

16,00

GSTF MAIN COURSES

SMOKED SALMON

Served with salad, onion, capers, roasted bread and cream cheese
1, 4, 7, 12

18,00

FASSONA CHEESE BURGER 180 G

Fassona burger (180gr), cheddar, salads, tomatoes, pickled cucumber, homemade bbq sauce served with roasted potatoes
1, 3, 7, 10, 11, 12

16,00

SPECIAL OF THE WEEK

PASTA GSTF NEW **13,00**
 Mezze maniche with broccoli cream, anchovies, lemon zest and pecorino cheese
 1,4,7

SIDES

Baked Potato & cream cheese VEG **5,00**
 7

Roasted potatoes VEG **5,00**

Mixed salads VEG **5,00**

1/2 avocado VEG **4,00**

GSTF DESSERTS

VANILLA ICECREAM **6,00**
 3, 7

LEMON PIE **7,00**
 1, 3, 7

TIRAMISÙ **7,00**
 1, 3, 7

CAPRESE TART * **5,00**
 3, 7, 8

VANILLA ICE CREAM AND COFFEE **7,00**
 3, 7

FRESH RED FRUITS TART **7,00**
 1, 3, 7

CHEESECAKE * **7,00**
 1, 3, 7

APRICOT JAM TART * **5,00**
 1, 3, 7

FRUITS & BOWLS

FRESH FRUIT SALAD **6,00**

FRESH FRUIT SALAD AND VANILLA ICE-CREAM **8,00**

PINEAPPLE **6,00**

FRESH FRUIT SALAD AND GREEK YOGURT **8,00**

GREEK YOGURT whit dried fruit, granola, honey **8,00**

LEGENDA PIATTI


VEG Vegetarian


PRO Proteico

GSTF Our Special

Ω3 Ricchi di Omega 3

NEW New

 Gluten Free Alert staff in case of celiac disease or allergies

 I piatti contrassegnati con asterisco, sono preparati con materia prima surgelata o congelata all'origine

ALLERGENS

- 1 Cereals containing gluten
- 2 Crustaceans and products thereof
- 3 Eggs and products thereof
- 4 Fish and products thereof
- 5 Peanuts and products thereof
- 6 Soybeans and products thereof
- 7 Milk and products thereof
- 8 Nuts namely
- 9 Celery and products thereof
- 10 Mustard and products thereof
- 11 Sesame seeds and products thereof
- 12 Sulphur dioxide and sulphites
- 13 Lupin and products thereof
- 14 Molluscs and products thereof