

LUNCH & DINNER - ENGLISH

Lunch from Monday to Friday from 12 a.m. to 3 p.m. - Dinner everyday from 7 to 10 p.m.

SERVICE CHARGE **3,00**
 Everyday from 7 p.m. and all day during the weekend and holy day

APPETIZER

HUMMUS VEG **7,00**
 Chickpea cream served with pita bread* and paprika
 1, 11, 12

TEX MEX NACHOS VEG **9,00**
 Served with cheese fondue, tomatoes salad and guacamole, mexican homemade sauce, sliced hot pepper
 7, 12


GSTF SALADS


CHICKEN CAESAR SALAD GSTF **15,00**
 Dressing GSTF with anchovies Grilled Chicken, lettuce, flakes of parmesan, toasted bread, Caesar
 1, 3, 4, 7, 12

GSTF CLUB SANDWICH served with roasted potatoes


GSTF CLUB SANDWICH PRO **16,00**
 White bread, roasted turkey GSTF, hand-boiled egg, crispy bacon, tomato, lettuce, GSTF dressing
 1, 3, 6, 7, 10, 12

GSTF WOKS


CHICKEN & VEGETABLE WOK with thai rice and poppy seeds GSTF **16,00**

 Marinated chicken sauteed with carrots, zucchini, chinese cabbage, bean sprouts, green beans*, broccoli*, and GSTF gluten free soysauce
 6, 12

VEGGIE WOK served with thai rice and poppy seeds VEG NEW **15,00**

 Pumpkin, leek, jalapenho, cabbage, radicchio, sage, GSTF gluten free wok sauce
 6


BUCKWHEAT NOODLE Ω3 NEW **16,00**
 Buckwheat noodle sauteed with shrimps*, mushroom, tomatoes, spring onion, jalapenhos, sesame seeds, basil, GSTF wok sauce
 1, 3, 6, 7, 9, 10, 11


GUACAMOLE VEG **7,00**

 Smashing avocado seasoned with EVO oil, salt, pepper, coriander, lime, served with tomatoes, red onion from Tropea, jalapeño and nacho chips
 12

GRILLED PORK GYOSA GSTF **7,00**
 Served with teriyaki sauce
 1, 6, 7, 11







QUINOA SALAD VEG NEW **15,00**

 White and red quinoa, pumpkin, feta cheese, hazelnuts, baby spinach, melograno, citronette
 7, 8, 12

GSTF SALMON CLUB SANDWICH Ω3 **18,00**
 Wholemeal bread, Norwegian smoked salmon, cream cheese, avocado, pickled gherkins, romaine lettuce, mustard, fresh lemon and pepper
 1, 4, 7, 10






CITRUS FRUITS MARINATED SEABASS* WOK with thai rice and poppy seeds Ω3 **17,00**

 Citrus fruits marinated seabass filets sti-fried with baby spinach, cherry toamtoes, leek, citronette
 4

PAD THAI RICE GSTF GSTF **16,00**

 Sauteed rice with eggs, shrimps*, green beans*, bean sprouts, spring onion, fresh chilli, coriander, ginger, roasted cashew nuts, fresh chilli sauce, gluten free soysauce
 2, 3, 6, 8, 12

GSTF MAIN COURSES

GRILLED SALMON FILLET   With pumpkin chutney and black cabbage 4, 12	18,00	CURRIED SHRIMP AND CHICKPEAS   Served with thai rice and poppy seeds 2	17,00
GRILLED OCTOPUS    Served with potatoes cream, dry tomatoes, turnip tops and olive crumble 4, 7	23,00	BEEF SIRLOIN TAGLIATA   Served with chimichurri, salted vegetable and roasted potatoes 12	22,00
FASSONA CHEESE BURGER 180 G   Fassona burger (180gr), cheddar, salads, tomatoes, pickled cucumber, homemade bbq sauce served with roasted potatoes 1, 3, 7, 10, 11, 12	16,00		

SIDES

Baked Potato & cream cheese 	5,00	Mixed salads 	5,00
Roasted potatoes 	5,00	Baby spinach sautee 	5,00
1/2 avocado 	4,00		

GSTF DESSERTS




VANILLA ICECREAM  3, 7	6,00	VANILLA ICE CREAM AND COFFEE 3, 7	7,00
APPLE CRUMBLE Served with vanilla icecream 1, 3, 7	8,00	PINENUTS TART 1, 3, 7, 8	7,00
TIRAMISÙ 1, 3, 7	7,00	CHEESECAKE 1, 3, 7	7,00
CAPRESE TART *  3, 7, 8	5,00	RED FRUITS JAM TART 1, 3, 7	5,00
APRICOT JAM TART 1, 3, 7	5,00		

FRUITS & BOWLS

FRESH FRUIT SALAD	6,00	FRESH FRUIT SALAD AND GREEK YOGURT	7,00
FRESH FRUIT SALAD AND VANILLA ICE-CREAM	7,00	GREEK YOGURT whit dried fruit, granola, honey	6,00
PINEAPPLE	6,00		


BRUNCH

On Saturday, Sunday and public holiday from 12 a.m. to 4 p.m.




SERVICE CHARGE	3,00		
APERITIF			
ROSSINI	8,00	SPRITZ	8,00
APPETIZER			
HUMMUS <small>VEG</small>	7,00	GUACAMOLE <small>VEG</small> 	7,00
Chickpea cream served with pita* bread and paprika 1,11, 12		Smashing avocado seasoned with EVO oil, salt, pepper, coriander, lime, served with tomatoes, red onion from Tropea, jalapeño and nacho chips 12	
TEX MEX NACHOS <small>VEG NEW</small> 	9,00		
Served with cheese fondue, tomatoes salad, guacamole and mexican homemade sauce 7, 12			
GSTF CLUB SANDWICH served with roasted potatoes			
GSTF CLUB SANDWICH <small>GSTF</small>	16,00	GSTF SALMON CLUB SANDWICH <small>Ω3</small>	18,00
White bread, roasted turkey GSTF, hand-boiled egg, crispy bacon, tomato, lettuce, GSTF dressing 1, 3, 6, 7, 10, 12		Wholemeal bread, Norwegian smoked salmon, cream cheese, avocado, pickled gherkins, mustard, romaine lettuce, fresh lemon and pepper 1, 4, 6, 7, 10, 12	
GSTF SALADS			
CHICKEN CAESAR SALAD <small>GSTF</small>	15,00	QUINOA SALAD <small>VEG</small> 	15,00
with grilled Chicken, lettuce, flakes of parmesan, toasted bread, dressing GSTF Caesar 1, 3, 4, 7, 12		White and red quinoa, pumpkin, feta cheese, hazelnuts, baby spinach, melograno, citronette 7, 8, 12	
GSTF CLASSIC BRUNCH			
FASSONA CHEESE BURGER 180 G <small>GSTF NEW</small>	16,00	EGGS BENEDICT ROYALE <small>Ω3</small>	18,00
Fassona burger (180gr), cheddar, salads, tomatoes, pickled cucumber, homemade bbq sauce served with roasted potatoes 1, 3, 7, 10, 11, 12		Poched eggs served with smoked Salmon, hollandaise sauce, roasted whole bread, coleslaw salad, baked potato and salad 1, 3, 4, 7, 12	
BAGEL with smoked salmon <small>Ω3 NEW</small>	18,00	AVOCADO & SALMON SCRAMBLED EGGS <small>Ω3</small>	18,00
Bagel, smoked salmon, egg, cream cheese, avocado, salad served with roasted potatoes and coleslaw salad 1, 3, 4, 7, 12		Scrambled eggs served with smoked salmon, avocado, coleslaw salad and toasted whole bread 1, 2, 4, 7, 12	
ENGLISH BREAKFAST <small>GSTF NEW</small>	18,00	FRENCH TOAST ham and cheese <small>GSTF</small>	15,00
Fried eggs, toast, crispy bacon, roasted tomatoe, beans, sausages, mushroom 1, 3, 7, 12		Served with roasted potatoes and coleslaw salad 1, 3, 7, 12	
CLASSIC EGGS BENEDICT <small>VEG NEW</small>	15,00	PANCAKES WITH FRESH BERRIES AND BANANA <small>VEG NEW</small>	12,00
Served with hollandaise sauce, roasted whole bread, spinach and baked potato 1, 3, 7		Served with maple syrup 1, 3, 7, 12	

GSTF WOKS

CHICKEN & VEGETABLE WOK with thai rice and poppy seeds <small>GSTF</small>  Marinated chicken sauteed with carrots, zucchini, chinese gabbage, bean sprouts, green beans*, broccoli*, and GSTF gluten free soysauce 6, 12	16,00	CITRUS FRUITS MARINATED SEABASS* WOK with thai rice and poppy seeds <small>Ω3</small>  Citrus fruits marinated seabass filets sti-fried with baby spinach, cherry toamtoes, leek and citronette 4	17,00
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PAD THAI RICE GSTF <small>GSTF</small>  Sauteed rice with eggs, shrimps*, green beans*, bean sprouts, spring onion, fresh chilli, coriander, ginger, roasted cashew nuts, fresh chilli sauce, gluten free soysauce, 2, 3, 6, 8, 12	16,00
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SIDES

Baked potato & cream cheese <small>VEG</small> 7, 12	5,00	Roasted potatoes <small>VEG</small> 	5,00
Coleslaw salad <small>VEG NEW</small> 3, 7, 12	5,00	Mixed salads <small>VEG</small> 	5,00
1/2 avocado <small>VEG</small> 	4,00		

GSTF DESSERTS

VANILLA ICE CREAM 3, 7	6,00	VANILLA ICE CREAM & ESPRESSO COFFEE 3, 7	7,00
TIRAMISÙ 1, 3, 6, 7	7,00	CHEESECAKE 1, 3, 7	7,00
LEMON PIE 1, 3, 7	7,00	CAPRESE TART  3, 7, 8	5,00
APRICOT JAM TART 1, 3, 7	5,00		

FRUITS & BOWLS

FRESH FRUIT SALAD	6,00	FRESH FRUIT SALAD AND GREEK YOGURT 7	7,00
FRESH FRUIT SALAD AND VANILLA ICE-CREAM 3, 7	7,00	GREEK YOGURT whit dried fruit, granola, honey 7	6,00
PINEAPPLE	6,00		

LEGENDA PIATTI


VEG Vegetarian


PRO Proteico

GSTF Our Special

Ω3 Ricchi di Omega 3

NEW New

 Gluten Free Alert staff in case of celiac disease or allergies

 I piatti contrassegnati con asterisco, sono preparati con materia prima surgelata o congelata all'origine

ALLERGENS

- 1 Cereals containing gluten
- 2 Crustaceans and products thereof
- 3 Eggs and products thereof
- 4 Fish and products thereof
- 5 Peanuts and products thereof
- 6 Soybeans and products thereof
- 7 Milk and products thereof
- 8 Nuts namely
- 9 Celery and products thereof
- 10 Mustard and products thereof
- 11 Sesame seeds and products thereof
- 12 Sulphur dioxide and sulphites
- 13 Lupin and products thereof
- 14 Molluscs and products thereof